

THE ROYAL LIFESAVING SOCIETY UK

**LIVERPOOL AND DISTRICT BRANCH**



**YEAR BOOK**

**2009**

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## Introduction

Welcome to the Liverpool and District Branch Year Book for 2009. The booklet has now been going for a number of years and has been very successful. We hope you find it useful.

This year the Year Book will be only be available in electronic format unless there is a specific request for a printed version this is as part of the branch part in helping the environment as well as saving Branch funds that can be invested in the future of lifesaving for the benefit of clubs within the Branch.

The booklet is available electronically on CD Rom and via the Branch Web Site. [www.liverpool-lifesavers.org.uk](http://www.liverpool-lifesavers.org.uk)

If a printed format is required please make request via the website or let you District Organiser know.

The purpose of this Year Book is to provide members with detailed information about what is happening within the Branch, how the Branch operates and the work undertaken for its members. It also gives the opportunity to see the amount of help and support available to clubs and members. It is intended to provide information about the most appropriate person to contact within the Branch should you require help or advice.

This book has developed over the years; however we cannot continue to produce without the full support of members and clubs, who provide the information about their own local area. If you provide details about your club including details of age range and days and times that you meet then it may attract new members, which is vital to all voluntary organisations. We will include photographs of events that have taken place during the year and interesting articles for future editions.

We hope that every member will view the Year Book .

Enclosed at the back of the book (page 63) is a form for Comments/ Suggestions/Items for the next or future editions. Please feel free to complete and return the form to the Editors of the Branch Year Book. If you have an email address please let us know so we can keep in regular contact by email. Please contact Geoff Lyons the Branch Secretary with your details (see page 7).

Finally the Branch Executive would like to say a very special thank you to Beryl and Geoff Lyon for 'volunteering' once again to produce the Branch Year Book. Without their continued hard work and commitment the publication would not have been possible.

## **A Message from The Editors**

Again, it is a great honour to be asked by the Executive of the Liverpool and District Branch to publish the Branch Year Book for the fifth year running.

We would like to thank members for taking time to read the Year Book; we hope you find it very interesting and useful. Also, we would like to place on record our thanks to members and clubs who have taken time out from their busy lives to send articles to us for the year book.

If members and clubs did not send us articles then there would be no Year Book. We would like to see more clubs and members sending in articles to make it more interesting and to enable the Year Book to flourish year upon year.

We are giving members various ways again this year to receive their year book.

**Remember it is your Year Book-- Please support it!!!!**

To help reduce production and postage costs, we have now introduced adverts into the year book. If you know anyone who would like to place an advert in the 2010 Year Book, then the fees for adverts are £25 for half A4 Page in Black and white and £27 for colour. For a full A4 page advert in black and white it is £50 and for colour the fee is £52, please send all adverts to the Editors at the address below.

Due to the escalating costs of producing the year book in hard back, the 2008 AGM meeting resolved that as from 2009 the year book would only be avail to download from the web site [www.liverpool-lifesavers.org.uk](http://www.liverpool-lifesavers.org.uk) or by email the Editors..

**Please note items for 2010 Year Book must be in our possession no later than 15/1/10. In 2010 this cut off date will be strictly enforced to see if we can get the Year Book out earlier. So therefore articles received after 15/1/10 will not be published.**

Thank you, for your cooperation

**Yours in Lifesaving  
Beryl & Geoff Lyon  
Editors  
159 WINDY ARBOR ROAD  
WHISTON  
MERSEYSIDE  
L35 3SE  
Email: [GgeoffLyon@aol.com](mailto:GgeoffLyon@aol.com)**

## **The Royal Lifesaving Society UK**

The Society Motto

**“Quemcunque miserum videris hominem scias “**

**“WHOMSOEVER YOU SEE IN DISTRESS RECOGNISE IN HIM A FELLOW MAN”**

### **AIMS OF THE ROYAL LIFESAVING SOCIETY**

The Royal Lifesaving Society UK is committed to preventing loss of life from drowning and asphyxiation.

To enable these aims to be achieved the Society's Members spend considerable time:

- Promoting water safety education and life support in the community
- Training life savers in the areas of accident prevention, rescue, life support, emergency aftercare and first aid.
- Researching the causes and effects of drowning and effects of drowning and asphyxiation
- Developing education resources and technical expertise

### **History and Development of Life Saving**

The RLSS was formed in 1891 in an attempt to reduce the annual toll of 2000 lives lost in drowning accidents in the United Kingdom-by publicising the causes of these accidents, by encouraging everyone to learn to swim and by teaching competent swimmers the methods by which a drowning person might be saved. In 1924 the Society was granted a Royal Charter by King George V: Queen Elizabeth granted a supplemented Charter in 1959

Today, The Royal Life Saving Society is the largest single organisation dedicated to the teaching of lifesaving and the prevention of drowning in the United Kingdom. It is active in over forty countries worldwide. The Society's Commonwealth Conference is held in the United Kingdom every five years and is attended by representatives from around the world. Special events and development workshops are held regularly on every continent organised by the Society's volunteer and professional officers

The Royal Life Saving Society has major Branches in Australia, Canada New Zealand and the United Kingdom. In addition, lifesaving activities are particular strong in the Far East, India and AFRICA. Members Branches and Honorary Representatives keep in touch with developments worldwide through the RLSS Commonwealth Secretariat, 4 Windsor Court, Greenhill Street, Stratford upon Avon CV37 6CG. Telephone no: 01789 29522.

RLSS UK has a strong links with international lifesaving bodies, and is a member of the International Life Saving (ILS).

RLSS UK is a Company Limited by Guarantee, Company No: 303781 and a Registered Charity No: 10460660, located at River House High Street Broom Warwickshire B50 4HN, telephone no: 01789 7730994, fax no: 01789 773995. Email:lifesavers@rlss.org.uk

# Minutes of the First Meeting of Liverpool and District Branch



## The Royal Lifesaving Society UK

Copy of Minutes of the Inaugural Meeting, held at the Town Hall Liverpool, on Thursday 11<sup>th</sup> September 1930. These Minutes were taken by MR S.J. Monks, Chief Secretary of the Royal Life Saving Society, and forwarded by him to the Hon Secretary and Treasurer of the Branch, J.R. Beckett, M.C. 23 Oriel Road Bootle Liverpool, and are here included in the Branch Minute Book, for purpose of due record

Public Meeting of the R.L.S.S. was held in the Town Hall on Thursday, 11<sup>th</sup> September, by kind permission of the Lord Mayor, to consider the advisability of forming a “ Liverpool and District Branch of the R.L.S.S.,” under the Chairmanship of the Lord Mayor, assisted by Alderman Davies, Chairman of the Baths Committee.

**The Chairman stated the object of the meeting and stated Liverpool was jealous of granting either the use of its Mansion House, or the benediction of its Lord Mayor, unless it was felt the object was of sufficient local importance to guarantee such a procedure and in this case he has felt such representation had been made as to satisfy himself that such a procedure was justified.**

**Alderman Davies also pointed out that he himself had to be satisfied before he could approach the Lord Mayor on such a project, that the application was of sufficient importance to Local swimmers, and that he had also been satisfied on that point.**

**S.J. Monks the Chief Secretary of the Society, explained the origin of the idea of forming this Branch emanated from a request made by the Manchester Branch to include Liverpool in their District, and he felt this was not what the Liverpool Swimmers would wish, and Liverpool was important enough to have its own Branch, and on visiting Liverpool and making enquiries amongst the friends of the Society, that idea had been amply confirmed.**

**Chief Superintendent Learmont, pro.sec. by MR Leigh Knipe “ That a Liverpool and District Branch of the Royal Life Saving Society be formed” carried unanimously.**

**The Lord Mayor stated, he had exceptionally heavy time in front of him during the next 10 days. He would like to be excused the rest of the meeting, and would ask Alderman Davies to take the Chair. Chief Sup. Learmont pro. Mr Leigh Knipe seconded a vote of thanks to the Lord Mayor. Car: unam :**

**Alderman Davies on taking the Chair stated their first business was the election of President, and told the meeting he had put the position before the Lord Mayor, who had stated, it would be necessary for him to carefully consider the matter before coming to any decision.**

**Chief Sup. Learmont pro. The Lord Mayor be invited to accept the position of President, seconded and carried.**

**Life v. President Pro. By S.J.Monks Sec.by that MR H.Crabbin be elected to this position for the work he had done for 21 years as Hon Representative of the Society in Liverpool. Carried**

**Vice Presidents: The following were unanimously elected: -**

**Alderman A.E. Davies  
Councillor Pennington  
Chief Sup. Learmont**

**Hon Secretary and Treasurer. Chief Sup: Learmont pro. MR H. Crebbin SEC.Capt. J.R. Beckett, M.C .carried.**

**Executive: The following were elected:-**

- MR Melville Thompson      Toxeteth. S.C.
- MR David Thompson      Late Scottish Branch
- Inspector Bullock      Bootle Police
- Sergt. Spencer      Liverpool Police
- Constable F Parrington      Liverpool Police
- MR J Fergusson      P.O.S.C.
- MR T.E. Duncan      Birkenhead S.C.
- MR Leo Goalen      Port Sunlight S. &L.S (CLUB)
- Miss Henderson      Liverpool P.T.Collge
- Miss E.G. Collins      Liverpool District Teachers Association
- MR D.McLellan      20 Ellerslie Rd Tuebrook L'pool
- MR W. Perkins      Ex Liverpool Police
- MRS G.D.Spencer      R.L.S.S.
- Chief Const P.L.Barry      Wallasey Police
- MR John Roberts Hon Sec      Liverpool Ambulance Association
- MR W.E.Clough
- Sergt Chappel      Liverpool Police
- MR T.Edwards      Bootle Gymnasium S.C.

**Hon Sec and Treasurer. Capt. Beckett M.C. 28 Oriel Rd Bootle Liverpool.**

**Lt. Col. W. Roy Gilks pro. A vote of thanks to the Chief Sec. Of the Society for coming down to Liverpool to explain any points.**

**A vote of thanks to the Chairman closed the meeting**

**A meeting of the newly elected executive was then held and the Hon Sec Capt. Beckett pro. MR Leigh Knipe as Chairman of the Executive, sec and carried.**

**It was decided:**

**“That a Banking account for the Liverpool and District Branch of the Royal Life Saving Society be opened with the Midland Bank Limited, at their 226 Stanley Rd. Liverpool Branch and that the Bank be and is hereby empowered to honour Cheques, Orders for payment of Bills of Exchange, AND Promissory Notes drawn, signed, accepted or made on behalf of the said Liverpool and District Branch of the Royal Life Saving Society by MR J.R. Beckett, 23 Oriel Rd Bootle Liverpool as Secretary and Treasurer of the afore-mentioned Branch of the Royal Saving Society, and to act on any instructions given by the person so authorised with regard to any accounts or transactions of the said L’pool ad District Branch of the Royal Life Saving Society”.**

**The Chairman stated it was advisable to ask the Chief Sec. Any questions appertaining to the interpretation of Rules, conditions, etc, while he was there to answer them, several questions were then asked by the meeting and answered by the Chief Sec.**

**V.President Learmont very kindly offered to provide a room for the next meeting of the Executive which was fixed for Thurs Oct 23<sup>rd</sup>.**

**A vote of thanks to the Chairman closed the meeting**

**Signed by: - R. Leighknipe on the 23/10/1930**

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***MR & MRS Lyon reprinted these Minutes of the inaugural meeting of the Liverpool and District Branch of the Royal Life Saving Society on The 11th September 1930 on the 21/10/03, so they would fit A4 paper.***

## Executive Members

**President:**

Mr Bob Olive  
Preston

5 Beech Court, Ashwood Road, Fulwood,

**Chairperson:**

Mrs Lynn Billingham

15 Sudell Avenue, Maghull, Liverpool  
[Billingham\\_m@sky.com](mailto:Billingham_m@sky.com)

**Vice Chairperson:**

Helen Kendall

**Cameo Antiques**

19 Watergate St, Chester

**Treasurer:**

Mr Brian Wiltshaw

9 Meeanee Drive, Nantwich, Cheshire  
CW5 5JG

**Secretary:**

Geoffrey Lyon

159 Windy Arbor Road Whiston L35 3SE  
[GgeoffLyon@aol.com](mailto:GgeoffLyon@aol.com)

**Awards & Sales Officer:**

Mr Brian Wiltshaw

9 Meeanee Drive, Nantwich, Cheshire  
CW5 5JG

**Life Saving Co-ordinator:**

Mr Mark O'Dell

87 Richmond Avenue, Grappenhall,  
Warrington

**Competition Secretary:**

Ms Julie Pearson

3 Capesthorne Road, Wistaston, Crewe

**Public Relations Officer:**

Mrs Lynn Billingham

15 Sudell Avenue, Maghull, Liverpool  
[Billingham\\_m@sky.com](mailto:Billingham_m@sky.com)

**PLUS ALL District Organisers.**

## District Organisers

1	Wirral	Ian Lowrie	0151 666 5129 (daytime only) <a href="mailto:ian.lowrie@ntlworld.com">ian.lowrie@ntlworld.com</a>
2.	Liverpool	Joyce Norcross	01352 771318
3.	Sefton	Anne Lysaght	0151 474 2166 <a href="mailto:annelysaght@blueyondr.co.uk">annelysaght@blueyondr.co.uk</a>
4.	West Lancs	Dave Smith	01695 726233 <a href="mailto:david@smithsonline.me.uk">david@smithsonline.me.uk</a>
5.	St Helens	Mike Booth	01744 616645
6	Warrington	Cheryl Hastings	01744 607567 <a href="mailto:CHEGGERS777@hotmail.com">CHEGGERS777@hotmail.com</a>
7	Vale Royal	David Williams	01829 261 133
8.	Chester	Helen Kendall	01244 311467 <a href="mailto:kendallhrk@aol.com">kendallhrk@aol.com</a>

## District and Area Organisers

### District 1 (Wirral)

#### District Organiser:

Birkenhead  
E. Port & Neston  
Wallasey  
Wirral

**Ian Lowrie**

Tim Fowler  
Vacant  
Tony Jones  
Vacant

#### (Temporary Post)

6 Bramwell Avenue, Prenton

11 Grennan Court, New Brighton

### District 2 (Liverpool)

#### District Organiser:

Liverpool Schools

**Joyce Norcross**

Vacant

### District 3 (Sefton)

#### District Organiser:

Southport  
Crosby  
Bootle

**Anne Lysaght**

Vacant  
Vacant  
Vacant

### District 4 (West Lancs)

#### District Organiser:

Wigan  
Chorley  
Hindley  
Leigh  
West Lancs

**Dave Smith**

Vacant  
Mr G Rockley  
Vacant  
Vacant  
Vacant

39 The Fields, Eccleston, Chorley

### District 5 (St.Helens &Knowsley)

#### District Organiser:

St. Helens  
Huyton  
Kirkby  
Prescot  
Halewood/Knowsley

**Mike Booth**

Lynn Houghton  
Mr P. Ivans  
Mr D. Fairclough  
Mr P. Phillips

11 Broxholme Way, Maghull

15 Cheyne Walk, Sutton Heath

33 Galeston Road Rainhill

**District 6 (Warrington)**

**District Organiser:**

Halton  
Warrington

**Cheryl Hastings**

Cheryl Hastings

**District 7 (Crewe)**

**District Organiser:**

Crewe  
Northwich  
Nantwich  
Crewe  
Winsford  
Alsager  
Congleton  
Crewe

**Dave Williams**

Dave Williams  
Dave Flaherty  
Julie Pearson

43 Ashbank, Rudheath, Northwich  
3 Capesthorpe Road Wistaston

Vacant  
John Bramley-Smith  
John Bramley-Smith

3 Repton Drive Haslington Crewe  
3 Repton Drive Haslington

**District 8 (Chester)**

**District Organiser:**

Chester

**Helen Kendall**

Helen Kendall

Cameo Antiques  
19 Watergate Street, Chester

The following Executive posts, District Organisers , Area Organisers are due for Election at the 2010 AGM:

**Executive Posts:**

**President:** Present President : Mr B Olive: (has to be elected every year)

**Chair :** Present Chair Mrs Lynn Billingham

**Awards and Sales** Present Awards and Sales Mr B Wiltshaw

**District Organisers** 1,3,5,7

**Area Organisers;** 2,4,6,8

NB: The information on pages 8-11 is correct according to the Information the Editors had at the time of going to print. If anything on these pages is wrong please inform the Editors so they can alter for 2010

Any Member who requires the new Executive, District and Area Organisers should contact the Secretary after the 2009 AGM.

## President's Address

**Mr Bob Olive**

Another Year has gone by, and the Executive Committee continue to meet on a regular basis at Widnes. Those who attend a big thank you for looking after the Branch. Everyone's efforts be it as a Trainer, Assessor, Member, Award Taker, Parent supporting children in our activities, Committee Member are what makes it happen

We continue to look at the overall view of how we need to progress the future and that of the RLSS generally. There are major changes taking place e.g.: Experimental Regional Managers with the knock on effects. (Something similar has been tried before, but this time the effects will be more far reaching)

We need to keep a watch on the National Committees so we can protect our interests. For example the latest scheme is to appease The Charity Commissioners as we are told because certain Branches fail to comply with the Constitution. I ask why should those successful Branches who comply, be punished by having all their monies controlled centrally. Why has the Management Committee not acted against the minority of Branches sooner. Is it because their choice was to ignore the problem, when presented with a more ambitious scheme i.e. the control of Branch Funds These Schemes can only be checked by supporting your Executive by attending meetings and learning about these changes and having your input put forward.

Competitions run so ably by Julie Pearson and her dedicated team could be better supported, by competing we can improve our skills and compare our progress. **Please support Them!!**

Thanks to Beryl and Geoff Lyon who continue to produce our Year Book and without their efforts it may not exist

We must continue to work hard and support the Award Schemes to keep Liverpool and District the Branch that it is. The success of our Branch is in your hands and I know that it is in capable hands, may it long continue, so that the Branch can go from strength to strength. In considering the future if elected at the next AGM to be your President, it will be for the last time, as that terrible thing that we all cannot avoid called age is catching up, and I think it is only fair to you all to let you know so you can prepare for the future of the Branch. I have in all served the Branch on the Executive Committee to date for thirty years and I might add I have been proud to do so.

If you did not attend any of our Executive Meetings or the AGM please consider doing so, your input is important

Finally may you continue to have good health and strength to continue the good work? Thank you to you all

**Bob Olive**  
**President**

## **Chairperson's Report**

**Mrs. L. Billingham**

The Branch Executive continued to meet on a regular basis throughout the Year at Kingsway Leisure Centre in Halton.

During the year the Branch has undertaken a great deal of work on behalf of its members, which can be seen from the reports contained in this year book.

The Branch Executive continues to offer support, help and advice to its members and encourages members to attend the Branch Executive Meetings, and to become involved in the activities of the Branch.

As you can see from this book the Branch holds a number of competitions throughout the year. To ensure the success of the Branch events and competitions it is important that Clubs support these activities. The Branch would like to thank Julie Pearson, Competition Secretary for all her hard work in organising and running the Competitions. If you would like to find out more about competitions then contact the Competitions Secretary. It is vital for lifesaving that clubs support these branch competitions.

The Branch as ever, will consider requests from clubs for assistance with funding for equipment to help with promoting Lifesaving within their individual clubs, such requests should be made in writing to the Branch Secretary. The Committee will consider all requests in due course.

Thank you to everyone within the Branch who have supported and assisted with activities and events over the last 12 months. We look forward to your continued support during 2008, and welcome new members to Branch activities and events.

Some of you may remember Vince Whittle who died several years ago. Vince was a well-respected member of the Liverpool and District Branch for over 40 years, prior to his death. It was decided by the Executive that a Memorial Trophy in his honour would be a fitting tribute. The Trophy would be awarded to a member of the Branch who performed a lifesaving rescue during the previous year

The Trophy has not been presented since 2007 and we would encourage members to let the branch know of any one within the branch who has used their lifesaving skills in a rescue whether on land or in water.

If you have any skills or experience that you think would be of benefit to the Branch we would welcome you to join the Executive.

**Lynn Billingham**  
**Branch Chairperson**  
**RLSS Liverpool and District Branch**

## Secretary's Report

## Mr. Geoff Lyon

It was a great honour for me to be elected as your Branch Secretary at the 2008 AGM. During the last 12 months I have always tried to do the work necessary to the best of my ability. Please, at the end of the Year, put your thinking caps on who and nominate someone who is a member of RLSS UK and Liverpool and District Branch who has Contributed so much to the running of your Club or who has given service in other ways your Club and RLSS UK and nominate them for a national Honour. The Criteria for Awards is given later in this book.

There are a few Awards I would like to draw your attention to:

- **S.E. Peck Local Manager of the Year trophy**-Awarded to the person who does the most to carry out the objectives of the Society within the area.
- **Brian Morrissey Outreach cup**- Community outreach cup
- **Ken White Fundraiser of the year**-Fundraising at National to Local Level
- **Young Lifesaver of the Year**-recognition of the contribution of young people

The Branch in the 2008 Honours Awards honoured some of our Members. Details are given later in this Book

There are a number of different Awards Schemes, and it is important to recognise good work and good practice. We have placed further details of the above Awards within this Year Book to enable that process for persons to be recognised in such a way. It would be beneficial to see our younger members being acknowledged for being actively involved within the work of the Branch/Society. It would also be helpful if they could be involved, as was suggested last year for younger people to shadow the work of the Executive in order to provide a different perspective.

Members of Crewe Neptune took part in the National Lifesaving Championships in Sheffield and came away with 5 Gold Medals Congratulations

The North West regional Competition took place at the New Aquatic Centre in Liverpool in September 2008 and will be held there again in 2009.

May I thank you all for all your good work in 2008 and hope you will continue in 2009

Also I would like to thank all the leisure centre staff for their cooperation during 2008

**Geoff Lyon**  
**Branch Secretary**  
**RLSS Liverpool and District Branch**  
[GgeoffLyon@aol.com](mailto:GgeoffLyon@aol.com)

## 2008 Treasurer's Report

**Mr. Brian Wiltshaw**

This year the Liverpool and District Branch has not been selected for the Audit at Lifesavers UK,

So as usual we will be having the accounts done by Andrew Bradshaw our nominated accountant before the AGM.

### Comparison of the figures for the past 4 years:

#### For the year 2008

Income	Expenditure	Loss
£9,968.19	£16,712.40	£6,744.21

#### For the year 2007

Income	Expenditure	Loss
£11,460.24	£11,770.89	£310.65

#### For the year 2006

Income	Expenditure	Loss
£13,037.19	£14,063.29	£1,026.10

#### For the year 2005

Income	Expenditure	Loss
£11,164.33	£12,796.77	£1,632.44

### The breakdown of Income and Expenditure can be seen in appendix1 sheet

As can be seen from the figures for 2008, we have lost £6,744.21 which is a great deal more than the previous year. This in fact is not as bad as it first looks because in the expenditure column is £5000 which we transferred to our deposit /training account. So in fact the loss is £1,744.21 for the year.

When all the figures are taken into account ie: the amount we owe and is owed to us we have a difference from last year of minus £576.60

To try to explain where some of the money has gone or income not received when we have paid money out we look at where we can save money in future years

1. We still are owed £425.40 for Awards or goods we have paid for
2. There is £327.70 for goods paid for where there was no income
3. £666.00 was paid out or not received for Awards
4. Grants paid out £272.

When these figures are taken into account the £1,700 deficit is reduced considerably

If the Executive do decide to cut down on the expenditure, and I can't see that they will as yet then if you look at the expenditure there are areas that we can save money on.

**The appendix 2 sheet shows a comparison for the last 6 years.**

This sheet shows that we are down from last year by £576.60 which is not too bad.

.The amount we owe £589.46 consists of:

Awards from Lifesavers	£157.46
Goods and Awards From Enterprises	£432.00

The Amount owed to us of	£888.40
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Awards from Lifesavers And LS Direct	£609.40
Goods from LS Direct	£248.00
Competition fees	£ 31.00

£432.00 Awards from LS Direct have only just been ordered and the payment will be made this month this £432.00 is included in the £609.40 we owe.

The amount of stock we have this year is £100.49 and consists of Key Rings, Mouth pieces and a few badges

As usual one final request **Please make cheques payable to RLSS Liverpool Branch. and please have your envelopes weighed to ensure you pay the correct postage as it costs the Branch extra postage plus £1**

**Brian Wiltshaw**  
**Hon Treasurer**  
**RLSS Liverpool and District Branch**  
[brianwiltshaw@btinternet.com](mailto:brianwiltshaw@btinternet.com)

	Income	Year 2008						Expenditure	Year	2008			
	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter	Total			1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter	Total	
	£p	£p	£p	£p	£p			£p	£p	£p	£p	£p	
Exam Fees and Awards	1,321.55	1,220.60	754.15	1,859.05	5,155.35		Exam Fees and Awards	1,516.47	1,186.58	1,335.70	1,493.54	5,532.29	
Goods	137.64	375.77	87.70	245.00	846.11		Goods	139.68	1,217.47	316.20	722.93	2,396.28	
Membership	939.87	538.08	501.56	351.27	2,330.78		Postage	11.52	314.75	0.00	9.72	335.99	
Grants	0.00	0.00	0.00	0.00	0.00		Telephone	0.00	3.00	0.00	0.00	3.00	
Donations	0.00	0.00	0.00	0.00	0.00		Printing/Stationery	980.81	31.99	0.00	6.00	1,018.80	
Courses	0.00	858.00	0.00	0.00	858.00		Branch Fees	0.00	0.00	0.00	0.00	0.00	
Competitions	20.00	0.00	0.00	98.00	118.00		Membership	0.00	0.00	0.00	0.00	0.00	
Pool LG Awards Fees	159.50	187.25	174.50	124.70	645.95								
Sundry	8.95	0.00	4.00	1.05	14.00		Insurance	0.00	0.00	0.00	0.00	0.00	
							Course Fees	0.00	0.00	0.00	0.00	0.00	
							Grants	147.00	125.00	0.00	0.00	272.00	
							Repairs	0.00	0.00	0.00	0.00	0.00	
							Competitions	72.80	79.92	298.50	155.95	607.17	
Total	2,587.51	3,179.70	1,521.91	2,679.07	9,968.19		Conference	0.00	0.00	0.00	0.00	0.00	
							Travel Expenses	0.00	10.80	0.00	0.00	10.80	
Yearly	9,968.19	16,712.40	-6,744.21	Loss			Accountancy	0.00	246.75	0.00	0.00	246.75	
			5,000.00	Bank									
			-1,744.21	Total loss			Pool & Room Hire	33.00	720.00	123.01	274.00	1,150.01	
							Sundry	0.00	0.00	5,000.00	139.31	5,139.31	
Extra	Payments	For Awards	Paid TO	Individuals	/Clubs		Total	2,901.28	3,936.26	7,073.41	2,801.45	6,712.40	
BM Junior Payments	£575.00						Money Owing						
L/Support							Items still owing						
3 ta	£91.00						But we have paid						
Grants	£272.00						for	£425.40					
Total		£938.00					Total		£425.40				
Goods Paid	For But	Income	Shown	Elsewhere			Goods Paid For						
Ass							But no income						
Teachers							Open Water	£273.70					
Packs	£374.85	Income	Shown on	Courses			Pamphlets	£54.00					
							Total		£327.70				

**The Royal Life Saving Society- UK  
Liverpool Branch  
2008 Year End Accounts**

**Bank Agreement**

	Debit	Credit
Balance at start of month		
Receipts		
Payments		
Balance at end of month		

**Bank Reconciliation**

	2008	2007	2006	2005	2004	2003
Balance as per statement	4,295.54	10,956.33	10,570.72	11,759.60	13,600.15	11,962.67
Add outstanding lodgements						
	4,295.54	10,956.33	10,570.72	11,759.60	13,600.15	11,962.67
Deduct u/p cheques	726.04	739.25	43.00	205.78	413.89	0.00
	726.04	739.25	43.00	205.78	413.89	0.00
Balance as above	3,569.50	10,217.08	10,527.72	11,553.82	13,186.26	11,962.67
We owe	<u>589.46</u>	704.55	356.32	502.15	489.90	449.45
Total	2,980.04	9,512.53	10,171.40	11,051.67	12,696.36	11,473.22
Owing to us	<u>888.40</u>	<u>174.85</u>	<u>495.65</u>	<u>251.09</u>	<u>1,412.08</u>	<u>894.25</u>
Total	3,868.44	9,687.38	10,667.05	11,302.76	14,108.44	12,367.47
Flexible Savings Account (Training)	<u>14,026.14</u>	8,773.80	8,409.91	8,409.91	8,229.95	8,046.32
Grand Total	<u>18,461.18</u>	<u>18,461.18</u>	<u>19,712.67</u>	<u>19,712.67</u>	<u>22,333.39</u>	<u>20,413.79</u>

## 2008 Awards and Sales Report

Mr. Brian Wiltshaw

### Proposed Award Prices for 2009

Award Description	NON Member	Member
<b>LifeSaving</b>	£p	£p
Lifesaving 1 Badges and Certificates £2.55 each	2.55	2.55
Lifesaving 2 Badges and Certificates £2.55 each	2.55	2.55
Lifesaving 3 Badges and certificates £2.55 each	2.55	2.55
Bronze Medallion with Life Support		22.00
Renewal of Bronze Medallion with Life Support –Form Only		16.00
Bronze Medallion with Life Support 3		22.00
Renewal of Bronze Medallion with Life Support 3-Form Only		16.00
Award of Merit	18.00	12.00
<b>Distinction</b>	21.50	14.00
<b>Swimming Pool Rescue</b>		
National Pool Lifeguard Qualification		48.50
National Pool Lifeguard Qualification- Premium Renewal(form only)		31.35
National Pool Lifeguard Qualification –New Premium		34.30
<b>National Pool Lifeguard Qualification Standard Renewal (Form Only)</b>		
T.A. Pool Course –Units 1-4 RLSS UK charge to NTA’s		295.00
Pool TA Unit 4 Only		185.00
ER(Swimming Pool)		16.00
<b>NRASTC</b>		13-50
Activity Supervisor with endorsements NRASTC		22.00
Rescue Test for Supervisors of swimmers with Disabilities (RTSSWD)		5.00
RTSSWD New Edition-available 2009 price on application		POA
<b>Open Water Rescue</b>		
ER(Open Water)		16.00
ER(Activity Supervisor)		16.00
Assistant Beach Lifeguard	8.00	7.00
National Beach Lifeguard Qualification –Renewal		14.50
National Beach Lifeguard Qualification-Form Only		22.00
Beach TA Units 1-6		295.00
Beach TA Unit 6 Only		165.00
Bronze Cross	14.00	9.75
Silver Cross	14.00	9.75
Rescue Boat Crew		16.00
<b>Rescue Boat Helm</b>		16.00
<b>Life Support</b>		
Life Support Certificate	7.30	5.50
Life Support 3 Certificate	10.50	8.00
<b>Specialist</b>		
Police Lifesaving Certificate		7.50
Police Bronze Medallion		6.00
Diploma (Commonwealth)		30.00
Oxygen		15.00
A.E.D –Oxygen & Defibrillator		22.00
AED		15.00
<b>Training and Assessing</b>		
Life Saving Assistant Teacher		39-50
Lifesaving TA(subsidised)		75.00
Mentor Programme		41.50
Lifesaving National TA Certificate		8.00
Lifesaving Staff National TA Certificate		8.00
Replacement Certificates (any)		8.00

On the previous page the chart shows the prices for awards for the coming year. It should be noted that there are changes to the Bronze Medallion in so much that there is a separate price for retakes.

As usual I have had to send the Number of awards we have obtained, as a branch to Lifesavers UK.

To give you some idea the following are the figures for the past 6 years.:

**2008      555 Awards**  
**2007      623 Awards**  
**2006      707 Awards**  
**2005      402 Awards**  
**2004      1293 Awards**  
**2003      2229 Awards**

**These are the figures I have to send each year to HQ**

<b>Award</b>	<b>2008</b>	<b>2007</b>	<b>2006</b>	<b>2005</b>	<b>2004</b>	<b>2003</b>	<b>2002</b>
<b>Life Support (was 1)</b>	67	113	130	65	157	204	216
<b>Life Support 2 (discontinued)</b>			14	31	17	53	34
<b>Life Support 3</b>	86	54	53	35	57	29	35
<b>Community Life Support</b>							
<b>Bronze Cross</b>	25	21	24	35	21	26	16
<b>Silver Cross</b>	15	26	24	24	20	24	14
<b>Millennium Medal and Jubilee Medal</b>						41	141
<b>Rescue Test for Teachers and Coaches of Swimming</b>							25
<b>National Rescue Award for Swimming Teachers and Coaches (New)</b>	101	136	97	54	96	78	55
<b>National Rescue Award for Swimming Teachers and Coaches (Renewal)</b>	56	45	46	31	37		
<b>Rescue Test for Supervisors of Swimmers with Disabilities</b>	17		8				
<b>Emergency Response (Pool)</b>					0		
<b>Emergency Response (Open Water)</b>	0		19		0	21	
<b>Police Lifesaving Certificate</b>	56	96	105		696	1509	1347
<b>Lifesaving 1</b>	34	121	83	105	118	196	144
<b>Lifesaving 2</b>	40	116	46	25	65	121	109
<b>Lifesaving 3</b>	9	39	38	43	57	52	32
<b>Bronze Medallion</b>	90	98	163	86	156	181	123
<b>Award of Merit</b>	30	25	20	30	22	57	26
<b>Distinction</b>	12	9	6	11	7	5	8
<b>National Pool Lifeguard Qualification</b>	N/A	N/A	N/A	N/A	N/A	N/A	1025
<b>National Beach Lifeguard Qualification</b>	N/A	N/A	N/A	N/A	N/A	N/A	32

Looking at the figures we can see that the general trend is downwards, at a slower rate than last year, but it must be remembered that Rookie Awards are not counted and I have no figures for Lifeguards etc.

The Branch is still paying £15 for Bronze Medallions taken by Junior Members of the Society, and because a Junior Member can take two BM awards before being classed as an adult the branch will pay £10 for the second award, however this may be altered due to the fact that a renewal pack is now £16 not £22. This will be a decision made by the Branch Executive.

Also if you are a Trainer/Assessor or Ass. Lifesaving teacher the branch will pay your fee for the Life Support 3 Award.

A grant towards the cost of equipment may be applied for, if the club is affiliated to Lifesavers UK.

May I thank all Clubs, Trainers, Assessors, Members of the Executive , Swimming Pool Staff and all who have helped me over the last few years. I hope that this will continue in the future

**Mr. Brian Wiltshaw**  
**Awards and Sales Officer**  
**RLSS Liverpool and District Branch**  
[brianwiltshaw@btinternet.com](mailto:brianwiltshaw@btinternet.com)

**Annual Report for 2008**  
**Mark J. O'Dell**  
**Branch Lifesaving Co-ordinator**



Liverpool and District Branch of Lifesavers continue to maintain its support to young people in the region and I hope any Members of the public reading this report appreciate the hard work of our volunteer coaching staff in the Clubs around the area. I personally give them a vote of thanks.

During 2008 two Assistant Teacher courses have been held. I would positively encourage all delegates from those courses to get to grips with the teaching and get themselves moderated to full status. Some of you have so well done to you! If you need any assistance please ask.

As in 2007 the Branch again held successful open water exams at Boundary Park Cranage. I get the impression this is becoming an annual event so well done to the organisers for making this happen. Allowing Members to complete open Water awards opens the door for them to go on and complete the accolade of a Distinction Lifesaving Award.

I still manage the Branch website, if you haven't seen it yet get yourself to [www.liverpool-lifesavers.org.uk](http://www.liverpool-lifesavers.org.uk) it's had a recent make over so I remind all clubs to ensure they are shown on the website with contact details if possible. Any updates needed please email me. Further if you have any course dates or news please send me those details as the more we put on the website the more useful as a resource it will be. It is another avenue for communicating Branch information.

Any Clubs who have Members who hold current external organisation Teaching and Assessing qualifications and who hold current Lifesaving awards should speak to me if they wish to become RLSS Training Assessing Staff, as this may be achievable through Accredited Prior Learning and Experience routes. For example if you are a qualified Swimming Teacher conversion may be easily achieved.

I would personally like to complete the Mentors Course, if there any TA's either Lifesaving or Pool disciplines etc. please let me know as we may have enough to run one "in house" in this Branch

Again I would like all Clubs to consider running some of the community courses for example Save A Baby's Life or Community Life Support, these short courses give excellent publicity to your Club and increase the good name of the Society. You don't need a swimming pool to run them just a suitable room.

Existing Clubs that need support with purchase of new equipment can consider contacting the Branch Executive Committee for a possible subsidy towards the purchases. I advise you ask first before spending to get approval.

It Appears **Rookie Lifesaving programme** is taking off and interest has been shown by Clubs and organisations within the Branch. It is now the main junior award scheme of Lifesavers. It's aimed at 8-12 year olds though younger Members can also participate. It's an opportunity for children to explore water safety and alternative safe aquatic play. Existing Clubs need to manage the cross over to the new programme. As a Branch we need to encourage the take up of the scheme in new Clubs and organisations. It is an easily run scheme very popular with Children. The society website has more details after its recent make over, [www.lifesavers.org.uk](http://www.lifesavers.org.uk)

Aiming ahead in 2009 I wish to see another Assistant Teachers Course and a full Trainer Assessor course run.

Keep up the good work

**Mark O'Dell**

**Branch Lifesaving Co-ordinator**

01925 264822

07977 223626

[blc@liverpool-lifesavers.org.uk](mailto:blc@liverpool-lifesavers.org.uk)

## **2008 Public Relations Officer Report**

**Mrs Lynn Billingham**

The Branch continues to use the website to promote the work of the Branch and the Society.

The Branch continues to encourage young people to take up the Bronze Medallion and Membership of RLSS UK by providing funding to support the award. Further details of this promotional campaign can be found on page 26.

If you know of any Youth organisations or groups that may be interested in the campaign, please contact your District Organiser, Branch Secretary or myself for further information, or promotional material.

In addition to our own Branch activities we have used promotional material issued by RLSS. Headquarters to help raise the profile of Lifesaving and encourage people to become involved.

If any Club or Branch Member would like any assistance in using local media to promote their good work, do not hesitate to contact me.

**Lynn Billingham  
RLSS Liverpool and District Branch  
Public Relations Officer**

## **2008 North West Region Report**

**Mrs Lynn Billingham**

Liverpool and District Branch is part of the North West Region, which also includes Cumbria Branch, Lancashire Branch, Manchester and District Branch and North Wales Branch.

The North West Regional Lifesaving Committee meets twice a year. It consists of representatives from all the Branches in the North West Region.

The following members represent Liverpool and District Branch at the Regional Meetings:

Geoffrey Lyon	Branch Honorary Secretary
Lynn Billingham	Branch Chairperson
Bob Olive	Branch President

In addition Bob Olive holds the position of Chairperson and Treasurer for the North West Regional Committee. I hold the position of Regional Heat Organiser for the North West Regional.

The Regional Heat Organiser is responsible for organising the North West Regional Heats, as part of the National Lifesaving Championships. As part of this role we are always looking for volunteers to help at the competition, either as a subject or as an official on the night. If you would like to get involved at a regional level please let me know.

It is also important that clubs take part in competitions and this event is an ideal way to see have your skills compare within Liverpool & District Branch with the opportunity to then compete at Regional and National level. It is an idea opportunity for lifesavers to highlight their skills. To find out more contact the Branch Competitions Secretary, Julie Pearson.

**Lynn Billingham**  
**North West Regional Representative**

## **Bronze Medallion Promotion**

### **Attention All Clubs and Youth Organisations!!!**

**To encourage more young people to become Lifesavers, the Liverpool and District Branch will contribute £15 towards the cost of taking Bronze Medallions for the first time and 50% of the cost for those renewing provided the young person is in full time education and is or becomes a member of the RLSS, Liverpool & District Branch.**

**If you would like to know more contact a Member of the Branch Executive or the Awards and Sales Officer.**

**Liverpool and District Branch covers a vast area  
Merseyside, Wirral, Cheshire, West Lancashire.**

**Don't be a Bystander when it's so easy to become a ----  
LIFESAVER**

*Issued with the Authority of the Executive Committee of the  
Liverpool and District Branch of the Royal Lifesaving Society*

## 2008 District Reports

### District 4 West Lincs

**Dave Smith**

Lifesaving activities continue at Nye Bevan Pool Skelmersdale each Tuesday evening 8.00pm -9.00pm.

The only change is the entrance fee to the pool. For Further information contact the pool direct on 01695 727111.

2008 saw a fall in numbers attending, possibly due to older teenagers concentrating on their educational needs, the resulting fall in awards obtained is glaring obvious. Awards gained being Lifesaving 1, 2, 3 (juniors) Life Support 3 (seniors).

It is a mixed session with swimmers age 12yrs upwards, of varying ability all taking part. There are mature Assistant Teachers, Julie Pete and Stuart and T/A giving of their time freely to ensure all taking part experience a fun/hard work hour. The pool staff also are very supportive and contribute to the friendly atmosphere.

New participants who are competent swimmers are always welcome, prior knowledge of Lifesaving is not expected. Contact Dave on 01695 726233 to have your enquiries answered,

**Dave Smith**

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## 2008 Club Reports

### **Scotchbarn Lifesaving Club 2008 Report**

**David Fairclough**

In 2008 the Scotchbarn pool Lifesaving club was consistent in the amount of awards that our Members achieved. In February we ran a Life Support 3 course and had 13 pass marks. We have successfully mentored 3 Assistant Teachers in 2008, and in 2009 there will be hopefully 3 more to be moderated.

For those who don't know we now have our club at 5-30pm-7.0pm on a Sunday night, we moved our time slot in February 2008

For more information about our club visit our web site on [www.freewebs.com/scotchbarn](http://www.freewebs.com/scotchbarn)

**David Fairclough  
Chief Coach Scotchbarn LSC.**

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### **Sandbach Dolphins L.S.C 2008 Report**

**Alan Condliffe**

A good year with several Assistant Teacher course passes, plus Award of Merit Bronze, and Silver open water crosses, four distinctions.

A small but enthusiastic Club Membership makes ours a happy and useful Sunday session. Parents Matt and Elspeth put their experience to good use in competition training.

We also run a Rookie Club on Friday night and average 20-25 split into two 1/2hr sessions, this is in competition with the Leisure Centre.

**Alan Condliffe  
Chief Coach  
Sandbach Dolphins**



**Alan Condliffe**  
**Chief Coach**

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**Crewe Neptune LSC  
2008 Report**

**Alan Condliffe**

A great year for us with an influx of new members in the Adult section.

In particular Matt and Elspeth McFahan and their 2 sons, all of who took gold medals at the National Lifesaving Final at Sheffield.

This years open water awards organised by Trish Porter was very successful, although I found it rather funny as an open water TA cleaning the entrance and exit channel by scraping and bagging goose droppings, of course everybody worked hard to ensure a first class event.

**Alan Condliffe  
BCPO- Publicity officer  
Crewe Neptune LSC.**

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Top Picture on page 31 is Club Instructors Dave Williams Christine Dannel Alan Condliffe and Chief Coach John Bell with some of our Awards and Medals posing for the Club Scrapbook

Next Picture is Stephanie Douglas and Rebecca Smith with Cups and Medals.



## **OPEN WATER EVENT 2008**

**Tricia Porter**

Our annual Open Water event was again held on Sunday, 7 September at Boundary Park, Holmes Chapel. The day started bright and reasonably warm but did eventually cloud over and went quite cool. Seven of our Clubs took part with a total of 28 candidates gaining 19 Silver Cross and 13 Bronze Cross, a total of 32 awards in all. Well done to everyone who took part.

Thank you to all those people who helped; the assessors, divers, canoeists, first aiders, those who helped to set up (and put away) Karen and Mick who tackled the registration on the day and Alan Condliffe who did a Stirling job of clearing all the duck pool! A team effort which proved to be a great success.

The day finished around mid afternoon with some rather wet and muddy but happy and successful candidates.

For more information contact me on 01606 49796  
f r:

Tricia Porter

Below and next page are some pictures of the event





## **Northwich LSC**

## **Tricia Porter**

Club sessions are held every Monday night at Moss Farm Leisure Centre between 8.00pm and 9.00pm. We have classes starting with Rookie right up to Distinction awards.

We encourage our members to enter the branch competitions and had success in the Junior, Youth and Branch Eliminator competitions. We also did well in the Chester City Lifesaving competition in March. We had two teams representing the Branch at the Northwest Regional heats held at the new Aquatic Centre in Liverpool, but unfortunately did not make it through to the National Finals.

Some of our members took their Bronze and Silver Cross awards in open water at Boundary Park near Goostrey, including both our TA's who renewed their Silver Crosses.

Our members achieved 19 Lifesaving and Life Support awards in 2008.

Contact details: Tricia Porter tel: 01606 49796 Dave Williams tel: 01829 261133

Below and next page are pictures of some of our successful members with their trophies.





## **Nantwich Neptune LSC**

**Julie Pearson**

Nantwich Neptune continued to thrive in 2008. We now have 30 plus Members regularly attending sessions. Our Teachers have been extending their qualifications with 2 probationary TA's and 3 probationary Assistant Teachers.

We have also started the new Rookie Lifeguard programme in 2008, and are working with the local Council to introduce this into the ASA National Teaching plan.

The Club is held every Saturday morning 8.00-9-30am. The Club caters for Rookies from 9 up to Adult and have classes for all abilities-Rookie through to Bronze Medallion.

As well as this, we have had another busy year in competitions, with our lifesavers gaining medals in most Branch competitions-and representing the region in the National Lifesaving Championships.

For more information, please contact me and I will be only too pleased to help.

**Julie Pearson**

**01270 651018**

[Juliepearson101@talktalk.net](mailto:Juliepearson101@talktalk.net)

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## **Chester City Lifesaving Club**

**Helen Kendall**

During the year, Lifesaving sessions continue at the Northgate Arena Victoria Road Chester each Sunday morning at 8-30am-10.00am. Members ages range from 10-80yrs, with examinations taking place when candidates attain the required level of skills.

During the year our past club President Bill Braley celebrated his 80<sup>th</sup> birthday, and still swims regularly with fellow members.

Our Club's annual competition in March was again a well supported event. The photographs on page 37 show four winning club members with their cups and trophies.

The Club's open water examinations had to be cancelled this year due to safety boat problems. Next year members hope to join the open water at Crewe.

During the year the Club received a grant from Liverpool and District Branch to help purchase new equipment that badly needed replacing. Chester Club members thank the Branch Committee for this donation.

**Helen Kendall**

**District 8 Area Representative.**



David Hodgson and Richard Hines with the Helen Kendall Sheild and the Shellow Stanlow Association Trophy.



Lucinda Travis and Andrew Roberts with the Robert Jones Resuscitation Cup

**Child Protection**

**Alan Condliffe**

**Important Message Please Read**

Would all Branch and Club Child Protection Officer or Welfare Officer make sure they comply with the Legal requirements of Child Protection Issued by RLSS HQ.

C.R.B. checks must now be renewed every 2years.

A C.R.B. check form should be sent to me for verification, which I then forward to the appropriate party.

**All disclosures are absolutely Confidential**

Your Club **must** have a Child Welfare Officer and be registered at RLSS HQ.

Any queries please contact me via Telephone: 01270 212971  
EMAIL: [dcondliffe@hotmail.com](mailto:dcondliffe@hotmail.com)

**Alan Condliffe**  
**CO Signatory**  
**Child Protection Officer**  
**RLSS Liverpool and District Branch.**

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## **2008 Competitions Secretary Report**

**Julie Pearson**

.Here is a list of the Competitions dates for 2009

**2009 dates are as follows**

<b>Junior Competition</b>	<b>Ellesmere Port</b>	<b>7<sup>th</sup> March 2009</b>
<b>Youth Competition</b>	<b>Crewe</b>	<b>25<sup>th</sup> April 2009</b>
<b>Branch Eliminator</b>	<b>Crewe Pool Crewe</b>	<b>20<sup>th</sup> June 2009</b>
<b>Challenge Cup</b>	<b>Ellesmere Port</b>	<b>19<sup>th</sup> September 2009</b>
<b>Hall Walker/ Harold Davies</b>	<b>Kingsway Widnes</b>	<b>24<sup>th</sup> October 2009</b>

I would love to see more Clubs/groups involved this year- so please give it a go!! Competition is a fantastic way to benchmark your Club skills, and all are run in a friendly positive atmosphere. If you don't feel that your Club/group is ready to enter a competition, we nearly always require helpers or casualties, so it might be a good way of seeing what competitions are all about.

I am willing to help anyone looking at trying competitions, so please contact me either via the phone or e-mail for advice.

Looking forward to seeing you!

**Julie Pearson**  
**(01270) 651018**  
[juliepearson100@talktalk.net](mailto:juliepearson100@talktalk.net)  
**RLSS Liverpool and District Branch**  
**Competitions Secretary**

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## **Competitions Criteria**

### **Junior Competition**

2 Competitions-teams of 2, boys and girls-age 13 and under  
Basic Life Support, timed 8m rope throw accompanied rescue timed extended arm tow

### **Youth Competition.**

2 competitions-teams of 4-mixed teams –under 14's and under 18's  
Events as Branch Eliminator.

### **Branch Eliminator**

For ages please get in touch. Competitors must be individual Members of the RLSS for this Competition.

Land based initiative, water based initiative, timed rope throw and timed swim and tow

### **Challenge Cup**

3 competitions-individuals-under 12, 13-16, open

Under 12-rescue breathing-reach/throw initiative, wade rescue, straddle jump and pick up a brick

13-16-life support, water based initiative, reach/throw initiative, locked swimmer rescue,  
Open-land based initiative, reach/throw initiative, locked swimmer rescue, contact rescue and defences.

### **Hall Walker/ Harold Davies**

4 competitions-individuals, and teams of 2 (same sex)-14 and over

Resuscitation in water, contact tows, non –contact tows, various lifesaving techniques (sidestroke, surface dives, stirrup lifts etc)

These are just a brief description (which may be subject to change) and full details will be sent out nearer the time- but feel free to contact me earlier for more details/help. Contact details on page 37

It would be fantastic to see more groups involved in 2008.  
Look forward to seeing you.

**Julie Pearson**

**Branch Competition Secretary**

## 2008 Competitions Results

### Junior Competition

#### Girls

Position	Team	Names
1 <sup>st</sup>	Northwich A	Lauren Roberts and Emma Burrows
2nd	Nantwich A	Stephanie Evans and Lucy Hatton

#### Boys

Position	Team	Names
1 <sup>st</sup>	Nantwich C	Liam Potts and Zac Garner
2nd	Nantwich B	Josh Leech and John Crawford
3rd	Nantwich A	Stephen Reid and Alex Keen

### Youth Competition

#### Under 14

Position	Team	Names
1 <sup>st</sup>	Northwich A	Vicky O' Sullivan, Katherine Ratcliffe, Sophie Elliott, Chloe Evans
2 <sup>nd</sup>	Nantwich A	Zac Garner, Liam Potts Stephanie Evans Lucy Hatton
3rd	Nantwich D	John Crawford, Harry Higginbottom, Cayla Price –Murphy Sophie Marr

#### Under 18

Position	Team	Names
1 <sup>st</sup>	Nantwich A	Matthew Hatton, Aran Potts, Lorraine Cooper Jessica Leech
2nd	Crewe	Steph Douglas, Rebecca Pressland, Stuart Morris Cameron McFahn
3rd	Nantwich B	Richard Gray, William Hak, Gemma Ryder, Dillon Shenton

## Branch Eliminator

### Junior Girls

Position	Team	Names
1 <sup>st</sup>	Northwich	Bethany Cera-Hughes and Chloe Evans
2 <sup>nd</sup>	Nantwich	Stephanie Evans and Lucy Hatton

### Junior Boys

Position	Team	Names
1 <sup>st</sup>	Crewe	Aiden McFahn and Adam Merrill
2 <sup>nd</sup>	Nantwich C	Alex Keen and Robert Poole
3 <sup>rd</sup>	Nantwich B	Josh Leech and Stephen Reid

### Senior Girls

Position	Team	Names
1 <sup>st</sup>	Northwich B	Sophie Axford and Jenny Metcalfe
2 <sup>nd</sup>	Crewe	Steph Douglas and Rebecca Pressland
3 <sup>rd</sup>	Northwich A	Vicky O' Sullivan and Katherine Ratcliffe

### Senior Boys

Position	Team	Names
1 <sup>st</sup>	Crewe	Stuart Morris and Cameron McFahn
2 <sup>nd</sup>	Nantwich	Matthew Hatton and Richard Gray

**Branch Eliminator (cont)**  
**Ladies Individual**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Crewe</b>	<b>Rebecca Smith</b>
<b>2nd</b>	<b>Nantwich</b>	<b>Jessica Leech</b>

**Mens Individual**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Crewe B</b>	<b>Josh grant</b>
<b>2<sup>nd</sup></b>	<b>Nantwich A</b>	<b>Warren Riley</b>
<b>3rd</b>	<b>Crewe A</b>	<b>Andy Corbett</b>

**Mens Masters**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Nantwich</b>	<b>Doug Leech</b>
<b>2<sup>nd</sup></b>	<b>Crewe</b>	<b>Matt McFahn</b>

**Ladies Masters**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Crewe</b>	<b>Ellie McFahn</b>

## Challenge Cup

### 12 and Under

Position	Team	Names
1 <sup>st</sup>	Nantwich	Josh Leech
2 <sup>nd</sup>	Nantwich	Zac Garner
2 <sup>nd</sup>	Northwich	Emma Roberts
4 <sup>th</sup>	Nantwich	Clara Pettitt

### 13-15

Position	Team	Names
1 <sup>st</sup>	Northwich	Lauren Roberts
2 <sup>nd</sup>	Northwich	Jenny Metcalfe
3 <sup>rd</sup>	Northwich	Chioe Evans

### 16+

Position	Team	Names
1 <sup>st</sup>	Nantwich	Matthew Hatton
2 <sup>nd</sup>	Nantwich	Warren Riley
2 <sup>nd</sup>	Nantwich	Aran Potts
4 <sup>th</sup>	Crewe	Andy Corbett

**Hall Walker**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Nantwich B</b>	<b>Warren Riley and Doug Leech</b>
<b>2<sup>nd</sup></b>	<b>Crewe</b>	<b>Andy Corbett and Matt McFahn</b>
<b>3<sup>rd</sup></b>	<b>Nantwich A</b>	<b>Matthew Hatton and Aran Potts</b>

**Harold Davies**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Mixed</b>	<b>Ellie McFahn and Hannah Kenny</b>
<b>2<sup>nd</sup></b>	<b>Northwich B</b>	<b>Sophie Elliott and Katherine Ratcliffe</b>
<b>3<sup>rd</sup></b>	<b>Crewe</b>	<b>Steph Douglas and Rebecca Pressland</b>

**Branch Merit**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Nantwich B</b>	<b>Warren Riley</b>
<b>2<sup>nd</sup></b>	<b>Nantwich D</b>	<b>Matthew Hatton</b>
<b>3<sup>rd</sup></b>	<b>Crewe B</b>	<b>Stuart Morris</b>

**Learmont**

<b>Position</b>	<b>Team</b>	<b>Names</b>
<b>1<sup>st</sup></b>	<b>Crewe C</b>	<b>Ellie McFahn</b>
<b>2<sup>nd</sup></b>	<b>Crewe A</b>	<b>Steph Douglas</b>
<b>3<sup>rd</sup></b>	<b>Northwich C</b>	<b>Sophie Axford</b>

# National Honours

## Honours Guidelines:

The Royal Life Saving Society UK has always been very conscious of the enormous amount of time, effort and dedication by its many Members. In order to recognise outstanding Contributions a series of Society Honours are awarded to Individuals by the National Honours Committee, The President and Vice Chairperson of the Management Board. The Director is in attendance.

The concept underlying the Honours system is that length of service and meritorious work should each be recognised separately. There are therefore 2 series of Honours-**Service Honours and Merit Honours.**

Each series is independent of the other and each has different criteria of eligibility. Individuals may, and often will, hold both Service Honours and Merit Honours and could receive one of each in a single year. It should be emphasized that both Service Honours and Merit Honours have equal value and are awarded in recognition of valuable work done to support the aims of the Society.

## Nomination Procedure:

Liverpool and District Branch has an Honours Committee, which meets around January of each year to consider any Honour nominations they have received. Area Organisers Affiliated organisations and individual Members can submit names and records of service to the Branch Honours Committee for Merit Honours. Any person or organisation who wishes to nominate any Member for an Honour should either use the nomination form in this year book or write to the Branch Secretary either by post or email. The Secretary's details are given on pages 8. **THE CUT OFF DATE FOR NOMINATIONS IS 15<sup>TH</sup> DECEMBER EACH YEAR.**

**Nomination forms are on pages 49,50**

The following list of Honours shows the types of Honours available:

### 1. National Honours

Awarded for an exceptional contribution to work of the Society at National Level

### 2. Branch Honours

#### a) Honorary UK Life Member

Awarded for exceptional contribution to the work of the Society including service at National Level.

#### b) UK Long Service Medal

To recognise an individual with 50 years or more commitment to the work of the Society

#### c) Medal of Honour

Awarded for exceptional work carried out at Branch or Regional level and outstanding work at National level

### 3. Service Honours

Honours from within this category are given for continuous years of service

**a) Certificate of Thanks**

Awarded after 4 or 8 years of continuous service

**b) Service Medal**

This honour is awarded after at least 12 years continuous service with the Society

**c) Bar to Service Medal**

This honour is awarded after at least 16 years continuous service to the Society

**d) Service Cross**

For Individuals who have attained at least 20 years of service to the Society

**e) Bar to Service Cross**

This honour is awarded to individuals who have given 28 years to the Society

### 4. Merit Honours

Merit honours may be given to individuals, including Members of Affiliated Clubs, who have

Fulfilled the criteria.

**a) Certificate of Merit**

Awarded for contribution at Club or Branch level. This honour can be given more than once

**b) Certificate of Recognition**

A new honour introduced in 2002 for continuing contribution at Club or Branch level. More than one may be awarded

**c) Medal of Distinction**

This honour is awarded for outstanding work at Club or Regional level, or with a notable contribution at National level

**d) Bar to Medal of Distinction**

Awarded for continuing outstanding work at Club, Branch, Regional level and/or a notable contribution at National level. Bars can be awarded more than once following a Medal of Distinction Award.

### 5. The Brian Morrissey Outreach Cup 2001

This award is made for the work undertaken on a Community Outreach Project, such as

NFWI/RLSS Life Support Programme, Safe Anglers, Safe Banks or the Save A Baby's

Life Campaign (see page 54 for criteria.)

### 6. The SE Peck Area Organiser of the year Trophy 2001

This Trophy is awarded to a Branch Area Organiser who has widely promoted the work of the Society, encouraged new groups to take Awards, and organised demonstrations with the Community (see page 54 for criteria)

## **Liverpool and District Branch Honours 2008**

The following Members of the Branch received the Honours listed below

### **RLSS Long Service Medal**

**Eric Deakin M.B.E.**

**1<sup>ST</sup> AND 2<sup>ND</sup> Bar to Service Cross**

**Stanley Barrett**

### **Certificate of Merit**

**Colin Farley, David Hodgson Peter Munro**

### **Certificate of Recognition**

**Alan Condliffe, Margaret Dyke, David Smith**

**Congratulations to those who received an Award and thank you for your commitment and dedication to Lifesaving over many years.**

### **REMEMBER –**

**A National Honour is an opportunity for YOU to nominate someone from you Club. The Branch Executive know there are a lot of people who undertake a range of work to encourage lifesaving in the Branch, whether as a teacher, Assistant Teacher or behind the scenes as the club secretary or treasurer.**

**The Branch don't know who they are unless YOU tell us!**

**To nominate someone we need you to give us a write up about the person, who long they have been involved in lifesaving and the work they do to support your club.**

**Please see Nomination Form on pages 49-50**

**Please Copy This Form for Each Nomination**

**Merit Honours Nomination(s)**

Nominee: .....

Club/Organisation: .....

Membership No: .....

---

I/We would like to nominate

Name: .....

Address: .....

Post Code: .....

Membership No: .....

For a Merit Honours Certificate.

Please compile a short citation for each Nominee, outlining the contribution they have made to Lifesaving, including the number of years they have been involved in Lifesaving (please continue on another sheet, if necessary)

Signed:.....

Date:.....

**Please Copy This Form for Each Nomination**

**Service Honours Nomination(s)**

Nominee: .....

Club/Organisation: .....

Membership No: .....

---

I/We would like to nominate

Name: .....

Address: .....

Post Code: .....

Membership No: .....

For a Service Honours Award.

Please compile a short citation for each Nominee, outlining the contribution they have made to Lifesaving, including the number of years they have been involved in Lifesaving (please continue on another sheet, if necessary).

Signed:-----

Date:-----

## **S.E. Peck Trophy**

- This trophy is award to the person who does most to carry out objectives of the Society in their Local area
- Only those who have not previously been awarded the trophy are eligible for nominations.
- Nominations must be submitted to the Branch Executive via their District Organiser by 15<sup>th</sup> December each year.
- The citation must relate to the previous year. Nominations can be for an Individual, Club, Group, however the citation must relate to previous year e.g.; if the Nomination is for 2009 the citation must relate to 2009
- Specific facts and figures relating to promotional activity on behalf of the Society, for which the nominated individual has been directly responsible, must be given where the nomination is based on these activities

**N.B. This means the actual numbers of new groups affiliated % increase in Awards taken, number of visits made, demonstration/displays organised, number of new examiners recruited and courses arranged.**

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## **The Brian Morrissey Outreach Cup**

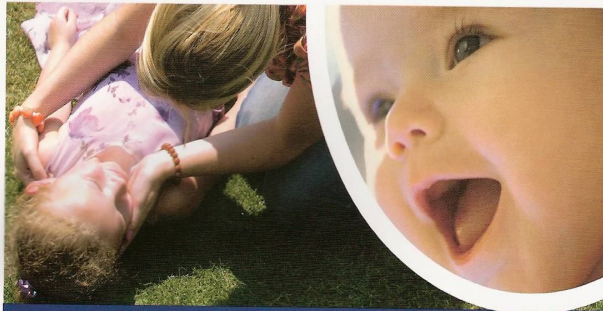
- The Award is made for work undertaken on a Community Outreach Project such as, the First Responders Programme, Community Life Support Programme, Cricket Coaches, Safe Anglers-Safe Banks or Save a Baby's Life Campaign.
- Nominations should be made to the Executive Committee via District Organisers by 15<sup>th</sup> December each year
- Nominations can be for an Individual, Club, Group, however the citation must relate to previous year e.g.; if the Nomination is for 2009 the citation must relate to 2009

## **Ken White Fundraiser of the year Award**

- Nominations can be made for any fundraising work on behalf of the Society at National, Regional Branch, Club or local level the citation should recognise the level of commitment and throughout the year. e.g.; if the Nomination is for 2009 the citation must relate to 2009
- Nominations should be made to the Executive via their District Organiser by 15<sup>th</sup> December each year


## **Young Lifesaver of the Year Award**


- This Award is given to each Branch to recognise one Young Lifesaver of the Year
- Member must be 14-24 as at 31<sup>st</sup> December each year.
- A brief citation is needed
- There are no specific criteria.




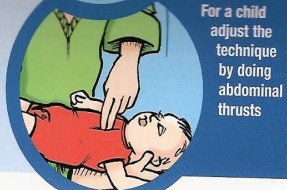
**What to do when a baby is choking**

- 1** Shout for help

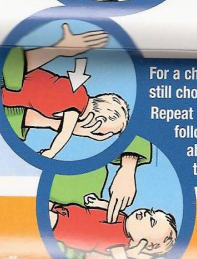
  - ▶ if baby cannot cough or cry
  - ▶ if you cannot see obstruction in mouth
- 2** Turn baby face down

  - ▶ position baby on your lower arm
  - ▶ ensure the head is lower than the chest
  - ▶ ensure your hand supports the head
- 3** Give up to 5 back slaps

  - ▶ use the heel of your hand
  - ▶ slap up to 5 times
  - ▶ slight pause between each slap
  - ▶ check if object has been expelled
- 4** (If still choking)  
Give up to 5 chest thrusts

  - ▶ turn baby face up and place two fingers in the centre of the chest
  - ▶ press down sharply and vigorously 1/3 depth of chest
  - ▶ slight pause between each thrust
  - ▶ check if object has been expelled

For a child adjust the technique by doing abdominal thrusts
- 5** (If still choking)  
Repeat up to 5 back slaps and up to 5 chest thrusts

  - ▶ until obstruction is cleared or baby becomes unconscious

For a child that is still choking Repeat 5 back slaps followed by 5 abdominal thrusts

**If baby or child becomes unconscious**  
Attempt 5 rescue breaths, then start 30 chest compressions followed by 2 rescue breaths

Sample of Sequence leaflet.

**Calling all qualified Trainers or Clubs with qualified Trainers why not run a Save a Baby's Life Infant Resuscitation Clinic. All details can be obtained from the Branch Lifesaving Co coordinator Mark O' Dell. His contact details are given in his report.**

## **Materials/Resources**

There are a number of materials that support this campaign. Details of these are given below

### **Emergency Sequence Leaflet (see page 52)**

This is a full colour; pocket sized laminated card, emergency sequence aide memoire that can be kept in the baby's nursery, in a handbag or wallet. This is given to the parent/ carer to take away.

### **Certificate of Attendance**

Following their attendance, each parent and carer will get one of these-it is not an Award. These will need to be signed by the Clinic presenter

### **Baby Resuscitation Clinic Attendance Return Form**

This must be completed and returned to River House by the Trainer. Please ensure full names and addresses including post code, are clear. This is required for programme statistics and information.

### **2 Hour Course Programme**

This is the programme for the delivery of the Clinic. It is to be used in conjunction with the Emergency Sequence Leaflet. There are no visual aids such as overhead projector transparencies. The full colour Emergency Sequence Leaflet will adequately serve this purpose. Refer to Life Support if necessary.

### **Trainer Briefing Notes**

This gives the Trainer a summary of the aims and objectives of the programme and what is to be achieved

### **Materials Order Form**

Please allow at least 2 weeks for the order to be processed. Use the materials order form. To book course materials

### **Sample Press Release**

This can be used to generate Local interest for the Campaign in your area. Send out in advance to local newspapers and radio stations each time you run a course. In time you may want to develop and change the press release, especially if you get local statistics

## **Posters**

A poster is included to enable you to publicise your Clinic in a variety of places e.g shops, libraries, Health Centres, leisure Centres etc.

## **And Finally**

Please remember to ask for a donation to Save a Baby's Life from your attendees. Use this to cover local expenses and send the surplus to River House where it will be used to help develop materials and pay for printing costs of Save a Baby's Life Materials.

Why not Consider running a Save A Baby's Life Infant Resuscitation Clinic in your Area.

---

## Events and Committee Diary 2009

Unless otherwise stated Events will be held at River House

### January

Sat 10	National Standing Committees (River House)
Fri 16- Sun 18	ILSE Commission Meetings (Istanbul Turkey)
Mon 26	Baby Safe Road Show (King Edwards V1Camp hill School for boys B'HAM)
Thurs 29	Baby Safe Road show (Coundon Court Sch & Community College Coventry)
Thurs 29-Wed 4Feb	ILS Board and Commission Meetings (Bad Germany)
Sat 31-Sun 8Feb	Branch Management Committee Meetings Band 1 (Branch Venues)

### February

Sat 7- Sun 15	Regional Executive Band 1 (Regional venues)
Sat 14	Management Board Meeting (River House)
Wed 18	Baby Safe Road Show (Lifestyle Everton Sports Centre Liverpool)
Thurs 19	Baby Safe Road Show (Ashfield School Nottingham)
Sat 28 –Sun 1 March	National Speed Championships (Ponds Forge Sheffield)

### March

Thur 12(TBC)	NPLQ Programme Board (River House)
Mon 23	Baby Safe Road Show (Lorotto School Edinburgh)
Tues 24	Baby Safe Road Show ( Lightfoot Sports Centre Newcastle)

### April

Sat 4-Sun 12	Branch Management Committees Band 2 (Branch Venues)
Sat 18- Sun 26	Regional Executive Committees Band 2 (Regional Venues)

### May

Fri 8- Sun 10	ILSE Board Meeting (Cyprus)
Fri 15	Management Board Meeting (Chesford Grange Kenilworth)
Sat 16 & Sun 17	Annual Conference & AGM (Chesford Grange Kenilworth)

### June

Fri 5	ACPO Technical Committee (Dublin Ireland)
Sat 6-Sun 7	ACPO Lifesaving Championships (Dublin Ireland)
Tues 9-Thurs 11	Commonwealth Lifesaving Conference (Edmonton( Canada)
Sat 20	National Standing Committees (River house)

### July

Sat 4-Sun 12	Branch Management Committees Band 3 (Branch Venues)
Sat 11	Management Board Meeting (River House)
Sat 18-Sun 20	Regional Executive Band 3 (Regional Venues)

### September

Fri11- Sun 13	ILS Board Meeting (Venue TBC)
Sat 12	National Standing Committees (River House)
Tues22-Thurs 24	Leisure Industry Week (LIW) (NEC)

### October

Sat 3	Presentation of Honours Guildhall London
Sat 10	Management Board Meeting (River House)
Thurs 15(TBC)	NPLQ Board Meeting (River House)
Sat 17 –Sun 25	Branch Management Committees Band 4 (Branch Venues)
Sat 24- Sun 1Nov	Regional Executive Band 4 (Regional Venues)
Sat 31	National Lifesaving Championships (Ponds Forge Sheffield)

### December

Sat 5	Management Board Meeting
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\*Please be aware of international events when booking regional venues and dates

The Regional and Branch meeting dates and frequency are for guidance only and we accept that local circumstances may dictate the date of meetings.

## Approved Training Centres

Alvaston Hall Hotel	Kingsway Leisure Centre
Ashton Swimming Pool	Kirkby Swimming Pool
Ashworth Hospital	Lymm Leisure Centre
Austin Rawlinson Sports Centre	Manchester Airport Marriott Hotel
Bootle Leisure Centre	Nantwich Swimming Pool and Fitness Centre
Brook Vale Recreation Centre	Neston Recreational Centre
Broomfields Leisure Centre	Newhall Swimming Pool
Byrne Avenue Recreational Trust	Nick Keogh Independent Training Provider
Caldy Grange Swimming Pool Trust	Norris Green Leisure Centre
Chester College of Higher Education	Northgate Arena Leisure Centre
Chester Swimming Association	Northwich Swimming Pool
Crewe Swimming Pool	Otium Health and Leisure St Helens
Crosby Leisure Centre	Park Road Sports Centre
David Lloyd Leisure Centre –Cheadle	Parr Swimming Pool
David Lloyd Leisure Centre –Cheshire Oaks	Peter Lloyd Leisure Centre
David Lloyd Leisure Centre – Kirkby	Pontins Southport Holiday Centre
David Lloyd Leisure Centre – Speke	Queens Park Leisure Centre
David Lloyd Leisure Centre – Warrington	Runcorn Swimming Pool
Deyes Lane Swimming Pool	Sandbach Leisure Centre
Dragons Health Club – Brooklands	Scarisbrick Hotel Leisure Centre
Dunes Leisure Centre	Scotchbarn Sports Centre
Epic Leisure Centre	Selwyn Jones Sports Centre
Everton Park Sports Centre	Sir John Dean’s College
Ford ton Leisure Centre	Skelmersdale College
Garston Leisure Centre	Sutton Leisure Centre
Golden Gates Leisure	The Sporting Edge
Great Sankey Leisure Centre	University of Liverpool Sports Centre
Halewood Leisure Centre	Winsford Sports Centre
Heat Waves Leisure Centre	Woolston Leisure Centre
Huyton Leisure Centre	
John Moores University Liverpool	

## **Affiliated Clubs and Schools**

- 8<sup>TH</sup> St Helens (St Thomas) Brownie S.C
- Birkenhead High School
- Bootle Citizens L.S Club
- Chester Lifesaving Club
- Crewe Neptune Lifesaving Club
- Halton Lifeguard Club
- John Harrison Swimming Club
- John Moores University Liverpool
- Kings School
- Leasowe Lifesaving Club
- Leigh and District LSC
- Merseyside Police
- Nantwich Neptune LSC
- Neptune LSC
- Northwich Amateur Swimming Club
- Penketh Swimming Club
- Sandbach School
- Scotchbarn Lifesaving Club
- Sefton Lifesaving and Swim Club
- Southport Swimming Club
- Trafford Metropolitan Borough SC
- Vale Royal Lifesaving Club
- Warrington and District Lifeguard Corps Club
- Woolton Swimming Club.

**For Contact Names and Telephone Numbers for pages 56 and 57 please contact Branch Secretary on his email: [GgeoffLyon@aol.com](mailto:GgeoffLyon@aol.com)**



*lifesavers*<sup>TM</sup>  
The Royal Life Saving Society UK

### **Liverpool and District Branch**

In appreciation of the work carried out by the late Vince Whittle over the many years with the RLSS Liverpool and District Branch, a Trophy will now be awarded in his memory for the most meritorious Life Saving/Support during the year. Eg: Water based/land based/resuscitation.

If you hear of any such action during the year, will you please bring it to the Branch Secretary's attention immediately?

If there are numerous nominations the RLSS Liverpool and District Branch Executive will determine which is the most deserving.

Presentation of the Trophy will be made to the successful nomination at the RLSS Liverpool and District Branch A.G.M. each year.

Please obtain written permission from the person who has executed the rescue you are nominating for their name to be published in the RLSS Liverpool and District Branch Year Book. (Data Protection Act)

Nominations can be sent during the year but no later than 31 December each year.

Nominations to be sent to:

Mr Geoff Lyon  
Branch Secretary  
RLSS Liverpool and District Branch  
159 Windy Arbor Road  
Prescot  
Whiston  
Merseyside  
L35 3SE

[GgeoffLyon@aol.com](mailto:GgeoffLyon@aol.com)

**Comments, Suggestions or Articles for the next edition**

I/We would like to make the following comments, /suggestions or enclose an article for the next edition.

.....  
.....  
.....  
.....

**Name:** .....

**Address:** .....  
.....  
.....

**Phone No:** .....

**Email:** .....

**I/we the undersigned \*do/do not give Liverpool and District Branch permission to include my Address /phone number/email in the next year book**

**Signed:** .....

---

This Form **Must** be sent to the Editors . Any Article for the 2010 Year book **Must** be sent by 15/1/10

Mr G & Mrs B Lyon  
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